

# Homemade Lip Balm Recipe

You will need beeswax pellets, coconut oil or cocoa butter or olive oil or shea butter (or some of each), peppermint essential oil (or one of your choosing), and few drops of vitamin e oil. You can use lip balm tubes (easily purchased on eBay or Amazon) or use one of those tiny Rubbermaid containers that have no other practical use (you can just apply the balm with your finger).

- 2 tablespoons beeswax pellets
- 2 tablespoons shea butter or cocoa butter
- 2 tablespoons coconut oil or olive oil
- 5-10 drops of vitamin e oil (if you prefer)
- 10 drops peppermint essential oil (to your own taste so to speak)

## Instructions

Place all ingredients (except the essential oils) in a microwave safe container (I use a take-out container). Melt beeswax, and other ingredients as you would butter, 15-30 second increments so that they don't blow up in the microwave. Continue to stir between microwave sessions until everything is melted and well blended. Add the essential oils last, as the heat will lessen their presence. Stir in the essential oils. Immediately pour into balm tubes or small containers as the oils and waxes will begin to solidify.

If you find the lip balm is too loose or oily, reheat and add some more beeswax. On the contrary, if the balm is too stiff, add more of your favorite oil to loosen it up. It is all about your preference so, enjoy. Keep the unused portion of the balm in the refrigerator until needed, because the natural oils can go rancid over time. That doesn't mean they are bad, but they won't have a pleasant odor. This should fill between 10-15 lip balm tubes.